

# *Curriculum Vitae*

(updated 10/31/16)

## **Mark Anthony Novitsky Jr., MD**

### Certifications:

- Board Certified in Adult Psychiatry and Neurology
- Board Certified in Child and Adolescent Psychiatry

### Psychiatric Training:

- PGY-4 to PGY-5 years in Child and Adolescent Psychiatry Fellowship at Thomas Jefferson University Hospital. Philadelphia, PA. (July 2009 to June 2011).
  - o Served as *Chief Fellow* July 2010-June 2011.
- PGY-1 to PGY-3 years in General Psychiatry Residency at Temple University Hospital/ Temple University Hospital Episcopal Campus. Philadelphia, PA. (July 2006 to June 2009).
  - o Served as *Chief Resident* July 2008-June 2009.

### Prior Education:

- Medical School: Temple University School of Medicine, Graduated with Medical Doctorate degree (May 2006).
- Undergraduate: Wake Forest University, Winston-Salem, NC. Graduated with a Bachelors of Science in Health and Exercise Science (May 2002)

### Additional Professional Education:

- American Academy of Child and Adolescent Psychiatry Annual Meeting. Walt Disney World, FL (October 22-27, 2013).
- American Psychiatric Association Annual Meeting. Philadelphia, PA (May 5-9, 2012).
- The 17<sup>th</sup> Annual Herman Staples Memorial Lecture. Martin C. Drell, MD – “Rebuilding, Recession, Reductions, and Rascals: A Balance of Continuity, Change, and Chaos” (June 1, 2011).
- Pediatric Academic Societies Annual Meeting. Denver, CO. (April 29-May 3, 2011).
- Kaufman Clinical Neurology for Psychiatrists Course. New York, NY (March 18-20, 2011).
- American Academy of Addiction Psychiatry “Half and Half” Buprenorphine Course, (completed training July 28, 2010).
- 60<sup>th</sup> Institute on Psychiatric Services. Chicago, Illinois (October 2-5,

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- 2008).
- Chief Resident Executive Leadership Program. Chicago, Illinois (October 1-2, 2008).
- Beck Institute For Cognitive Therapy and Research. Philadelphia, PA (May 14, 2008).
- Pediatric Academic Societies Annual Meeting. Honolulu, Hawaii (May 3-6, 2008).

## Occupational History:

- *Potomac Psychiatry*. Rockville, MD
  - o Forensic Expert Witness, Child and Adolescent Psychiatric Consultant (January 2016 to Present);

Duties include (but are not limited to):

- Providing Individual Therapy and/or Medication Management Treatment for a variety of conditions - including but not limited to:
    - o Childhood trauma/Post-traumatic stress disorder (PTSD)
    - o Attention Deficit Hyperactivity Disorder (ADHD)
    - o Depressive disorders
    - o Bipolar disorder and other mood disorders
    - o Anxiety Disorders and Obsessive Compulsive Disorder (OCD)
    - o Oppositional Defiant Disorder
    - o Conduct Disorder
    - o Autism Spectrum Disorder
    - o Learning Disorders
    - o Substance Use Disorders
    - o Intellectual Disability
  - Expert Forensic Witness Work
- *Wordsworth Academy*. Philadelphia, PA
    - o *Consultant Psychiatrist (August 2016-October 2016)*

Duties include (but are not limited to):

- Medication Management and treatment of up to 55 residential child and adolescents
    - o *Consultant Corporate Medical Director (April 2016)*
    - o *Corporate Medical Director (January 2013 –April 2016);*
    - o *Interim Medical Director (July 2012- January 2013);*
    - o *Consultant Child and Adolescent Psychiatrist (January 2011- July 2012)*
- *Behavioral Wellness & Recovery (BWR)*. West Chester, PA

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- o *Medical Director* (January 2013 to Present);

Duties include (but are not limited to):

- Providing administrative oversight of all psychiatric and medical services provided by BWR/Rise Above PHP, ensuring that the services are integrated into the overall treatment
- Physical Examinations and Admission Evaluations
- Psychiatric Consultation
- Medication Management
- Anticraving medication administration (ie Suboxone, Naltrexone, Vivitrol).

- *The Malvern Institute.* Malvern, PA

- o *Addiction Psychiatrist* (December 2012 to Present);

Duties include (but are not limited to):

- Psychiatric Consultation
- Medication Management
- Detox medication administration (ie Suboxone, Naltrexone, Vivitrol).

- *Kirkbride Center (formerly Institute of The Pennsylvania Hospital).* (March 2010 to Present). Moonlighting: Four to Five eight-hour weekend shifts a month. Duties include, but are not limited to:

- Writing inpatient notes on up to a 25 bed dual diagnosis, coverage of psychiatric consults on ~150 bed rehab/detox unit, as well as starting treatment on new detoxification/methadone maintenance patients. Philadelphia, PA.

- *Kirkbride Center – Inpatient Psychiatry Attending on a Dual diagnosis adult mental health unit* (July 1, 2011 – July 31, 2012) – Duties included, but were not limited to:

- Comprehensive behavioral health treatment of up to 25 inpatient adults. Philadelphia, PA.

- *Kirkbride Center – Consult & Liaison Psychiatrist* (July 1, 2011 – July 31, 2012) -

- Performing psychiatric consults on ~150 bed rehab/detox units. Philadelphia, PA.

- *Temple University Hospital Episcopal Campus.* (July 2008 to June 2009). Moonlighting: Two to Three eight-hour shifts a month in the city's busiest Crisis Response Center. Philadelphia, PA.

Faculty Appointments:

- Temple University School of Medicine. (2013 to present)

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- Established Wordsworth Academy as the site for all 2nd year residents' core Child and Adolescent Psychiatry rotation in 8/2014 (and chosen as an elective by many 4th year residents). Providing direct oversight, teaching, and supervision of residents.
- Established Wordsworth as a 4th year Medical Student Elective Rotation Site (2011 to present)

## State Licenses:

## Current:

- Maryland (*Unrestricted*): #D81390

- Pennsylvania (*Unrestricted*): #MD436584

## Previous:

- Pennsylvania (*Training*): #MT189340

- Delaware (*Training*): #C7-0004712

## National Provider Identification Number (NPI):

- #1871759597

## Drug Enforcement Administration Number (DEA#):

- Available Upon Request
- Have additional Suboxone DEA and can prescribe for up to 100 patients

## Membership and Honorary/Professional Societies:

- American Academy of Child and Adolescent Psychiatry – *Member* (2011 to present).
- American Academy of Child and Adolescent Psychiatry – *Member-in-training*. (2009 to 2011).
- American Psychiatric Association. *Member* (2011 to present).
- American Psychiatric Association. *Member-in-training* (2006 to 2011).
- Pennsylvania Psychiatric Society – *Member*. (2011 to present).
- Pennsylvania Psychiatric Society – *Member-in-training*. (2006 to present).
- Regional Council of Child & Adolescent Psychiatry of Eastern Pennsylvania & Southern New Jersey - *Member* (2011 to present).
- Regional Council of Child & Adolescent Psychiatry of Eastern Pennsylvania & Southern New Jersey - *Member-in-training*. (2006 to 2011).
- Pi Kappa Alpha Fraternity. (1998 to 2002; Athletic Chair 1998 to 1999).

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## Publications:

- Julius R, **Novitsky MA**, Dubin WR. Medication Adherence: A Review of the Literature and Implications for Clinical Practice. *J Psychiatr Pract* 2009;15:12-24.
- **Novitsky MA**, Julius R, Dubin WR. Non-Pharmacologic Management of Psychiatric Emergencies. *Primary Psychiatry*. 2009;16(9):49-53
- **Novitsky MA**, et al. Adolescents' Beliefs About Medication, Family Beliefs, and Therapeutic Alliance with Their Doctors: Predictors of Adherence to Prescribed Psychiatric Medications? – *Research Recently Completed and Article Currently In Progress* (Accepted by Einstein Full IRB on 10/15/10).

## Presentations/Posters:

- Symposium at American Academy of Child and Adolescent Psychiatry Meeting October 2013 (Lake Buena Vista, FL). *Adherence in Pediatric Psychopharmacology-A Multi-dimensional Perspective and Approach*. (Chosen as 2013 docent Selection)
- Poster Presentation at American Psychiatric Association Annual Meeting May 2012 (Philadelphia, PA). *Adolescents' Beliefs About Medication, Family Beliefs, and Therapeutic Alliance with Their Doctors: Predictors of Adherence to Prescribed Psychiatric Medications*.
- Guest Presenter at Terry Children's Psychiatric Center (New Castle, DE) on the topic: "*Medication Adherence: Thinking Outside of the Pill-box*." (June 10, 2011).
- Grand Rounds Presenter at Thomas Jefferson University Hospital Department of Psychiatry and Human Behavior: "*Medication Adherence: Thinking Outside of the Pill-box*." (June 8, 2011).
- Discussant at Thomas Jefferson University Hospital Department of Psychiatry and Human Behavior, Division of Child and Adolescent Psychiatry Journal Club on the Topic: *Expressional Expression in Attention Deficit Hyperactivity Disorder Children*. (December 15, 2010).
- Guest Lecturer at Temple University School of Medicine General Psychiatry Residency Didactics on the topic of *Child and Adolescent Psychiatric Emergencies*. (June 16, 2010).
- Discussant at Thomas Jefferson University Hospital Department of Psychiatry and Human Behavior, Division of Child and Adolescent Psychiatry Journal Club on the Topic: *Management of the Agitated Patient*. (July 14, 2010).
- Discussant at Thomas Jefferson University Hospital Department of Psychiatry and Human Behavior, Division of Child and Adolescent Psychiatry Journal Club on the topic: *Pediatric Obsessive-Compulsive*

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*Disorder and The Pediatric OCD Treatment Study (POTS)*. (April 7, 2010).

- Poster Presentation: *Medication Adherence*. Philadelphia Psychiatric Society's 7<sup>th</sup> Annual Colloquium of Scholars. (April 5, 2008).
- Discussant at Temple University Hospital Psychiatry Journal Club on *Treatment Interventions for Medication Non-Adherence in Schizophrenia*. (January 9, 2008).
- Guest Presenter at Philadelphia Community Behavioral Health (CBH) on the topic of *Psychiatric Medication Non-Adherence* (December 12, 2007).
- Presenter at SUNY-Binghamton Nurses/Mental Health Appreciation Day on *Medical Care in Rural and Impoverished Areas* (June 6, 2005).

Honors and Awards:

- Einstein Society Research Grant Awardee for: *Beliefs and Alliance: Predictors of Adolescent Psychiatric Medication Adherence?* - (\$34,999) - Co-Principal Investigator (July 2011 to July 2013).
- Chief Fellow of Thomas Jefferson University Department of Psychiatry and Human Behavior, Division of Child and Adolescent Psychiatry. (July 2010 to June 2011).
- Chief Resident of Temple University Hospital/Temple University School of Medicine Department of Psychiatry. July 2008-June 2009.
- O.Spurgeon English Chairman's Award for Outstanding Performance in Residency Training. (July 2009).
- Dr. Henry P. and M. Page Durkee Laughlin Foundation Merit Award for Recognition of Professional Achievement, Dedication, and Scholarship in Residency Training. (July 2009).
- Nominated for National Institute of Mental Health (NIMH) Outstanding Resident Award by Temple University Hospital Faculty. (2008).
- O. Spurgeon English Award, Temple University School of Medicine for Excellence in Psychiatry Clerkship. (May 2006).